

God

The pocketbook of life

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Who is God?

God is our REAL
parent.

What do you mean?

God has given birth to
our soul. All of us
have a soul that has
been originated from
the original soul God.
Without the soul we
are lifeless. So even if

our biological parents
have created this
body, it is lifeless
without the soul. So
that makes God our
original parent.

Does God exist?

It's like an abandoned orphan asking a question- Do my parents exist?

Just because we cannot see God doesn't mean She doesn't exist.

It is just that one cannot connect to

God and so it seems
like that.

I don't believe in God....

It doesn't matter if one believes or not. It is the fact of the existence of all species. There is always a parent from which came a life...

Does it matter if I believe in it or not?

Belief can be a
construct of the
mind...

But to 'know'
something is what
will make a big
difference to one's
life.

It is like connecting to a high-speed internet or not.

We can have an excellent computer but if it doesn't have an internet connection it doesn't satisfy us

**So how do I connect
to God?**

By living from a
feeling base...

What is living from a feeling base?

It means feeling all the time...

Feeling is our connection to all that there is to feel and hence live and experience...and be alive.

**I am already feeling
all the time...**

We do not
differentiate between
thinking and feeling
much...and therefore
we confuse between
thinking and feeling...

Most of the time we
are in the thinking
mode...not feeling...

And even if we do
feel and think at the
same time, we
choose our thoughts
over our feelings...

That is because our feelings are crazy at times, and it is not appropriate to choose them...

Right! that is why we need to first and foremost start the process of cleaning them, so we have good and cleaner

feelings to work
from...

How do we do that?

By feeling them one by one as they erupt during our day to day living and experiencing them internally without trying to resist them mentally.

**But I can be harmful
to others if I do
that...**

One needs to do
them in isolation till
we have cleaner and
cleaner feelings....

Isolation means
without taking any
intoxicants or
physical action of any
kind...towards others.

Not even talking
about it...

And others include all
the people we love or
not.

**Again...why am I
going to do this?**

So, one can connect
to God...

And why do I want to connect to God?

So that I can have a high-speed connection to whatever I want.

So that life can get easier and more fun...

So that I can understand life more and more....

So that I can see the
beauty of this life...

So that this world
becomes a loving
place for us to live...

So that we know
what to do and
when...

So that we can spread
that love all
around...So that we

can get what we want
to evolve as a
human...

And so that we
remember who we
are....

Etc....etc....

**How do I know if
these things will
happen after I
connect to God?**

By living the
experience and
feeling the
connection...

What if God doesn't want to connect with me?

All parents want to connect with their children...and besides God is million times more loving than our biological parent...and He wants the connection much

more than we want
it.

Then why doesn't He connect?

She is connected all the time which we cannot see or feel. He wants us to desire the connection and clean the darkness we have created around us so She can connect.

Why can't He do all that for us...

No because.... One of the greatest gifts He has given us,

is 'free will'. He will not interfere with our free will.

**It all sounds too
simple...and life
seems more
complex...**

It is simple to
understand but
because we have
made living so
complex that we
cannot accept the
simplicity of it...

So, what can we do?

Well experiment with what is written in this book and see what happens...

Which is?

Desire to connect with God.

Live a heart centric life.

Clean emotions daily
so the channels of
connection are
clearer.

To start with...

**Which God are you
talking about? There
are many religions
and Gods in this
world...**

I am talking about the
God who created this
universe. No one has
seen Him/Her.

And what about the religious Gods?

There are no religious Gods. God is not an entity of religion. He is an independent entity with a lot of children who have created a version of Him in their minds. Which they call religion.

So, God is not a part of religion?

God is a part of everything that is loving. It can be religion or movies or anything else. God is the creator of this universe or universes, and we are His children who have the same qualities if

we evolve.... which
is... at this moment
lying dormant within
us.

Why is it dormant?

Because we are not living in a way to exploit this capacity.

Which is?

Being heart centric.

What is being heart centric mean?

It means feeling more than thinking.

We give most of our attention to thinking and not feeling.

Why should we feel more than we think?

Because feeling our emotions makes us a better human and a stronger human in all aspects.

**But thinking comes
more naturally...**

No... feelings come
more
naturally...thinking is
trained into us...

When a child is born,
he/she is born feeling
not thinking...

That is the natural
state...later we start
thinking to survive...

So, is thinking bad?

No.... one needs to think only when it is required to think. But our feelings give us the strength we need to be an evolved human.

**But science is based
on thinking?**

That is why it is not as
evolved as it should
have been...

How do we start living heart centric?

First and foremost,
convince the mind
that it is what one
wants to do.

Second understand
why one is doing that.

And third just start
feeling more...

How do I know if I am feeling more?

One's intuition
heightens and one
knows intuitively.

Besides one gets
more creative at
many things... life just
starts getting better
in all directions...

Love increases in
one's heart and mind.

The mind gets
sharper.

Etc....

**How does the 'mind'
get sharper if I am
living heart centric?**

When you give the
mind a rest from
thinking it gets
sharper.

Just like one enjoys
eating more after not
eating for a while.

It is more intricate than that. The mind is not designed to take control of all the aspects of life. It is a computer with data only. And the body reacts to it depending on what data one has stored in it.

The heart is the head office where the data

can be cleaned and stored properly to be used by the mind as when necessary.

Only the heart... our emotions have this power to sort and shift and clean emotions.

**So, if cleaning
emotions makes our
life better why do we
need God?**

So that life can get
even better...

**Is it possible to make
it better?**

We are eternal and
life never ends... so is
evolution... and so is
better and better
life...

**It all sounds too
farfetched...**

Yes, because at this
point, we do not have
clean enough
emotions to imagine
a bright future
eternally...

All happens
accordingly...

The more we clean
our emotions the
sharper the mind
gets...the more we
expand our
imagination...the
more we believe in
the better future...
All is interconnected.

**I was told it is not
good to be
emotional...**

Yes, it is not good to
be emotional when it
is not clean...

**What do you mean
clean?**

It means when it is
not loving for all...

**But what is loving to
one person might not
be loving to others...**

Yes...that is why we
must first and
foremost just
clean(experience) our
emotions without
prejudice and slowly
but steadily we start
to feel the uniformity
in ourselves. We

intuitively know what is loving and what is not. And we all know what that is. Because we are all created by the same parent. We are brothers and sisters.

We innately know what is loving and what is not.

**So why more people
are not cleaning their
emotions?**

Because we were not
educated enough in
this aspect.

Why is that?

May be the time is
now...

Why do you think the time is now?

With the emergence of AI and technology getting smarter and faster we need to be equal in capacity to use it and not be ruled by it. We must get stronger internally to not be

afraid of it and use it
to our advantage.

If we do not evolve at
all levels of our
physiology, we might
give a loaded gun to a
naughty child.

**But we think we are
evolved as humans?**

Not if we cannot face
our own fears...

Not if we disconnect
from our original
parent.

Not if we hide our
emotions.

Not if we segregate
humans into color

and financial status
etc.

Not if we
kill...anything against
its will.

Etc....etc.

Why is it necessary to connect with the original parent 'God' to be advanced?

In simple terms a
computer is good if it
has a lot of stored
data to work from...
but with a high-speed
internet connection it
is exceptional and has

the capacity to
evolve.

**How is God as same
as the high-speed
internet connection?**

It is much better than
that. This is just an
explanation for
simplifying to our
current mental state.

A high-speed internet
connection is a lot of
data...we can use at
our whim...

God is all the data
that ever was and is
evolving every second
and is at our disposal
if we are connected...

It's like asking our
biological parent for
information and our
biological parent not
only giving the info
but also guiding us

while we use that
info...

In my mind God punishes us...

That is the idea we have because as children we were punished by our biological parents in some form or the other and secondly, they believed in a punishing God, so we have inherited that

knowledge. Also, the world around us did the same so we were indoctrinated in it.

Also, God has in place laws that acts to protect this universe and Her children. She has given us the gift of free will...remember.

One can destroy everything if there are no natural laws protecting it. Just like we might give complete freedom to our children, but we will create a safe environment where they can experiment until that boundary can be expanded

according to their
maturity levels.

We think God
punishes us because
we misunderstand
God.

But why are children and babies seemingly punished?

Children inherit a combination of traits from their parents and their parents from their parents and it went on for millennia in the past.... unless it was cleaned by some

individuals in the family. Which is done usually randomly and so we get a mixture of cleaned and uncleaned emotional traits in us when we are born.

Before children are conceived, they are in a pure state (like a new canvas) where

they are ready to
come into this world
wherever and
whenever there is a
match of
personalities. They do
not have any fears.

They might be
conceived in a
terrible
environment...but
they do not have

fears about it.

Secondly, they have the inherent quality of creativity like the original parent (God) in them.

But ones they are conceived they start absorbing the emotional condition of the biological parents and the

environment around
them which makes
them vulnerable...
only because the
people in the
environment
surrounding the baby
think and feel a
certain way.

So, it seems like God
has punished that
child...but the reality

is that we humans
have not provided a
safe environment for
the baby and the
baby accepts what is
given.

**I am still not
convinced...**

As Einstein said... One cannot find a solution with the same state of mind that created the problem.

This is true here...

Because we have deep emotional scars we cannot be

convinced. Emotions
always rule our
thoughts.

So, to understand this
we need to start
cleaning our negative
emotions.

**But I do feel and
experience pain (i.e.,
clean emotions) from
time to time...**

Yes, we all do that by
default. It is a natural
process of
detoxification; the
only problem is we
are accumulating way
more than we are
detoxing.

More so as we age...

Why has God given us old age? That doesn't seem fair...

Yes, it is not fair. But God has not given us old age but has given us free will. Because we abuse this free will, we make ourselves old and weak by making unwise choices.

**But we all get old
and weak...**

Yes, and all of us
accumulate toxic
emotions...

Just because all are
getting old and weak
doesn't mean it has
to be so...

So, becoming old is not a part of life?

Increasing number of years is linear and we can add on the numbers but becoming weaker and wrinkled is a matter of toxicity in the body and mind. When I say 'mind', it means emotions. Because

the mind is
dependent on
emotions.

**There is no proof to
that...**

The proof lies in us.
We just copy the
things we see that is
happening around us,
but we hardly create
what is uniquely ours.
That is why the proof
is not out there. And
the truth is that we
are capable of

creating just like our
original parent is
creating all the time.
So can we create a
good body and mind.

Who created our original parent?

I don't know. I suppose just like all knowledge becomes clearer the more we clean our emotions. So sometime in the future we might know... or you can yourself find this answer...yourself.

How?

By talking to your original parent directly.

How do I do that?

Close your eyes and feel your emotional longing to know that God exists. Through that longing... ask God to reveal that he

exists, and he is here
for

you.....

..... God

communicates

through our

emotions. We do not

need words to

communicate with

God. We need to feel

the question and the

answer is revealed

through our emotions
if there is no darkness
surrounding it.

That sounds almost impossible...

For now, yes because we have layer upon layer of unwanted emotions that shadow what we think we want to ask. The more we clear them the easier it seems. Not only with

God but with all
things around us.

Does God answer our prayers?

Yes definitely...but we are usually confused with our own asking. We do not ask clearly, or we do not ask with our emotions and so it seems that not all prayers are answered. God communicates

through our emotions
so to ask or to
communicate with
God, we must feel it.
Real talking to God
feels like a deep
longing in our heart.
Secondly it must
benefit all that exist.
That means it must
be loving in nature.
Why would God

answer a prayer that
destroys His creation?

**I have heard that
God punishes.**

That is how it seems
like because all things
in nature have a built-
in correction system
to maintain nature,
this includes our
consequences to
things we do and
think and feel. Love
begets love and vice

versa. All things have equal and opposite reaction built in. That is why it seems like God is punishing us, but the reality is that if we do unloving things similar things comes back to show us where we are at.

And many times, we do not see what we

do as unloving
because we have
been trained by the
system to see things
differently.

God loves us more
than we can
imagine....

More than our
biological parents
do... more than any

human can ever
love...

Even when many are
disconnecting from
God, She still loves us
the same.

**So why do bad
people exist and
does God love these
people?**

Yes, God loves them
the same, but we all
reap the
consequences of our
actions no matter
who it is. As it is
inbuilt in all things
existing.

And these people
exist because we
have free will to exist
the way we want to.

Shouldn't God stop them?

He wants to correct them so exists the laws of correction.

Why would he control our lives when he has given us the gift of free will which only an immensely loving parent can do.

Do we need to pray every day?

There is no need to pray as we think of prayer but if we want the connection with God, we must talk to Him. Since She will not interfere with our free will. And that is prayer. Prayers are emotions coming

from your heart and
touching Gods heart.
So, he knows what
you are doing and
where you are at and
most of all what are
your intentions.

**Tell me again why
should I connect with
Him?**

Connection with Him
has immense
benefits. He will be
with you all the way
through thick and
thin.

She will make you
feel at home
wherever you go.

He will show you the way to uplift yourself and help you clean your emotions so you can evolve and get ahead in life...forever!

She will make you feel LOVED!

And many more....

**Can we survive
without His
connection?**

Yes, we can... only to find out that we were taking the long route to happiness (which is fleeting) when it could have been much easier and real.

He still loves us the same even if we don't

connect with Him,
but we cannot see His
love or feel it.

Why?

Because we have this
layer upon layer of
unwanted emotions
and the biggest one is
that of being
independent from
Her.

What is the harm of being independent from Him?

We are too young and innocent to understand and tackle life situations, especially relationships of all kinds. If we cannot establish a good relationship with our

original parent who
loves us the most
how can we connect
to other humans who
have a lot of
unhealed emotions?

Is God a man?

We are His children.
We feel masculine
and feminine
energies in us... so is
God. We are in His
image in energy. The
physical aspect is just
a means to an end,
but the energy is
masculine and
feminine just like we

have both these energies in us as individuals. It all depends on us when and how we use them. So, God has both these sides.

What about Gay individuals?

All the same. The physical body is just a means to an end. We feel both these energies from time to time.

All humans receive equal love from God. Just as a normal parent on Earth loves

all their children no
matter how they
choose to live.

**Some humans don't
love their children
when they go rogue...**

God loves all Her
children all the time.
It depends on the
child whether that
love is visible to them
or not. The more we
clean our emotions
the more we can feel

God's love if we want
to.

Why doesn't God reveal Himself to us?

Maybe He did but we didn't recognize. It is impossible to connect with God if we carry darkness in our hearts. And this darkness can be from sources we don't know about, it is inherited from our

ancestors. It doesn't mean our ancestors were deliberate to pass on the darkness...it only means that they did not clean their emotions enough and the unwanted data was imprinted on their DNA and passed

on to the future
generations.

**So how do we clean
this data?**

By feeling it on a
regular basis. By living
a heart centric life. It
is explained in my
book 'Feel'.

**But that seems like
living a painful life?**

That is what it seems like from where one is looking at it today with unhealed emotions interfering our judgments. Once we start deliberately living this way we know how good it feels.

**So finally, where
does God come into
all this?**

God will make this
process easier as He
will be with us feeling
and releasing our
emotions with us.

We will never feel
alone even if the
world might think we
are.

There will be a silent
stream of love
passing through us
whenever we want to
experience it.

God is by our side
waiting to desire
more and more loving
things that He can
help us with.

God wants us to be
strong individuals and

we will feel that
individuality in love.

God is the supporting
rock behind us that
we feel when things
are getting out of
hand and they will, so
that we can expand
our horizons.

The list goes on and
on....

Why don't we trust in God nowadays?

God had been
misunderstood since
time began... but She
was waiting for us to
be mature enough to
ask deeper questions
about Her connection
which we are doing
now in some cases.

Largely we are still
blinded by various
institutions to
connect with Him.
Which is not
necessary, now.

Many are getting
smart enough to
know that we have
emotions, and we just
need to clean them to
feel the connection.

This book is written
to clarify some of
these doubts.

What if we still have doubts?

The answer is

“simple” feel

more...everyday...

with the intention of making, it 24 hours a

day and see what

happens. No one

needs to wait for a

special event to start

this connection. We

are connecting with
our original parent
nothing can come in
the way but our own
enemy within and
that is our unhealed
emotions.

The book 'Feel' will
help you feel more...

**If we give so much
time to feeling where
is the space for our
thoughts?**

Again, the book 'Feel'
has this answer. The
optimum way to live
is to... feel, think and
act together. All in
tandem with each
other and in harmony
within us which in

turn brings harmony
around us. We have
no idea how we
contribute to this
world in way we live.
Our unhealed
emotions spread
around us in energy
and destroy anything
that comes in its way,
including ourselves.
We are very powerful

as humans. Obviously
because we are the
children of the most
powerful creator that
exists.....

*Final words from the
writer...*

I have left gaps in
between answers so

that the reader slows
down while reading
and feels their
emotions while
reading whether
feeling good or not so
good. All feelings that
erupt while reading
this book (or anytime)
is our property and
needs to be cleaned
(felt) or enhanced

(felt) to better one's life which is the objective of writing this book.

This is my favorite subject that took me years upon years to put it on paper.

Not convinced by anything available on this subject...

Especially the
language...

I am bringing this
knowledge in the
most simplistic and
direct words without
any frills....

Being the real sibling,
I want to pass on the
experience on how to
connect with our
“Real Parent” who

is forever waiting to
get our attention....so
that we can live like a
big happy family!

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